



Mechanicville Area Senior Citizens Organization Inc.

Instituted May 12, 1969

May, 2008

178 North Main Street, Mechanicville, NY 12118 Telephone: 664-7877

The monthly Board Meeting will be Tuesday, May 6, 2008 at 9:30 AM.

The next Monthly Meeting will be Tuesday, May 13, at 1:00. Our speaker will be Jamie Jesmain from First Niagara.

The April 50/50 raffle was won by Rosemary Lefner, who kindly donated the money back to the Center. *Thank you Rosemary.*

From Commissioner Jo Ann Rielly re Care Links Program:

Please take a minute to look over the enclosed brochure. If you are interested in volunteering for this program, please call the Center.

MONTHLY DINNER: THURSDAY MAY 8, AT SALTY'S IN CLIFTON PARK. Dinner at 5:00. Folmsbee Bus leaves Center at 4:30. Bus accommodates 40 people. More reservations can be taken if you are driving. Signup Sheet is on Bulletin Board. Please continue to call Beth Izzo with suggestions for the dinners. Please indicate whether you will be traveling by "BUS or CAR" when signing up for any event.

JUNE MONTHLY DINNER: THURSDAY, JUNE 5, AT TUSCAN GRILL IN CLIFTON PARK.

MOTHERS DAY LUNCHEON
Friday, May 9, Senior Center Dining Room. Menu: Stuffed Chicken Breast, Red Potatoes, Green Beans Almondine and Frosted Brownie.

MEMORIAL DAY SPECIAL
Friday, May 23, Prestige presenting a special luncheon menu: Roast Beef w/Gravy, Mashed Potatoes, Peas, Wheat Bread, Red, White & Blue Cake. Please call Karen at 664-3924 two days before these events for reservations. Lunch served at 12:00 noon.

The Saratoga County Senior Citizens Annual Spring Luncheon will be held Thursday, May 29, at the Saratoga City Center. Tickets are \$4.00, available at the Senior Center. Van leaves Center at 10:30, limited to 10 people.

? MYSTERY TRIP? TUESDAY, MAY 20. We will be traveling with Wade Tours, leaving the Center at 8:30 AM. Luncheon serving time will be 11:45 AM, consisting of Tossed Green Salad with choice of Baked Haddock with roasted garlic crumb topping, served over braised greens, rice pilaf and vegetable of the day or Boneless/Skinless Chicken Breast with Five Herb Stuffing, served with mashed potatoes, country gravy, homemade cranberry chutney and vegetable of the day. Lunch includes rolls/butter, coffee or tea and Apple Crisp for dessert. Cost of this trip is \$60 which covers lunch, show, bus, tip and tax. After lunch we will be entertained with a Cabaret Show. Also, after the Show there will be a tour plus we will stop at a Country Store for a short time. Come in and sign up. It should be a *fun day*. We have a 47 passenger bus, but we need at least 38 seniors to fill it. Deadline is May 7. Anyone canceling after this date will not be able to get a refund. A refund will be given if the seat can be filled.

MALL RUN: Wednesday, May 7 to Wilton. Call Public Safety to sign up (664-5551). Van limited to 10 seniors.

DATES TO REMEMBER

Mystery Trip—Tuesday, May 20
Senior Picnic—Tuesday, June 10
Strawberry Social—Thurs. July 17
Lake George Boat Trip—July 21*
Clam Steam—Tuesday, August 26
Holiday Inn Lunch & Show-

Wednesday, Sept. 17
Foliage Trip—Tuesday, Oct. 21*
*Tentative

MYRTLE BEACH TRIP
October 5-11, 2008
\$665.00/person – double room
\$800.00/Single
Featuring 3 Spectacular Shows
6 Full Breakfasts and Dinners
\$25.00 per person deposit due before JULY 7th
Final payment due by AUGUST 18th.
Trip insurance available
enhanced insurance needs to be paid WITHIN 14 DAYS OF DEPOSIT MONEY.
**PAYMENTS START – APRIL 1ST AT CENTER OFFICE.
Any questions or further info needed contact JOANNA BULL 664-2645.

Activities at the Center:
Osteobusters Exercise Program
Tuesdays and Fridays from 9:00 to 10:30 AM.
Weight Watchers classes
Monday evening at 5:30 PM.
Exercise Class - every Monday, Wednesday and Friday from 10:30 to 11:00 AM.
Pinochle - every Tuesday at 1:00.
"Creative Writing" Class - every Tuesday at 1:00.
Scrabble - Join us for Scrabble on Wednesdays and Thursdays, 12:30 – 3:30 PM.
Pokeno - Held after lunch on Fridays.
Shuffleboard – Monday and Wednesday at 1:00 PM.

The Spring Banquet was held at the Fairways on Friday, April 18. A large gathering of seniors and guests (including Mayor Sylvester, City Commissioners, County Supervisor, Stillwater Supervisor and Village of Stillwater Mayor Martin) enjoyed an evening of good food (Thank you, Fairways. You always do a

great job for the seniors. Service and food were *fantastic!*, good entertainment (Thank you, Capitaland Chorus), and awesome raffles/door prizes/gift certificates donated by Mechanicville/Stillwater merchants, Mayors, Commissioners, Supervisors and kind-hearted people like Meg Gorman and Chris Hoogkamp. (Thanks, Beth, for picking up gifts, etc.) (Thank you Helen Blowers and Carol Maloney for selling 50/50 and raffle tickets.) Three seniors 90 years of age and older were honored and presented with framed certificates and Lifetime Membership Cards: Elvira Bagnoli, Lucy McMillan and Rita Sullivan. (Thank you Meg Gorman for handing out the certificates and Roberta Lane for doing a fabulous job preparing the certificates and cards. Thank you Phyllis DellaCroce for taking all the pictures which we wouldn't have without your help. Chris Sgambati was presented with this year's 110% Award Trophy for *always* going above and beyond in service to the community, especially helping seniors. (Thanks Chris for giving the Blessing before we ate.) Last, but not least, applause, applause to our Director, Jo Ann Rielly, for being M/C at the Banquet. Great job! (From Mary Kelly, Banquet Chairperson)

WANTED!!! VOLUNTEER DRIVERS TO DELIVER MEALS FOR SARATOGA COUNTY ELDERLY NUTRITION PROGRAM IN MECHANICVILLE AND STILLWATER AREAS. FOR MORE INFORMATION, PLEASE CALL THE OFFICE FOR THE AGING AT 363-4020 OR 884-4100.

MAY BIRTHDAYS:

Patti Bagnoli, Jennie Baldwin, Edwin Batchelder Jr., Mary Rose Beninati, Grace Bruno, Mary Sue Carriero, Salvatore Cervine, John Colarusso, June Cyr, Frank D'Ambrosio, Doreen DeCrescenzo, Marie DeVito, Johanna Dyer, Mary Dyer, Rosemarie Ennello, Paul Giulianelli, Sharon Gaspie, Paul Gaspie, Helena Hawaran, Marion Hilliker, Donald Hoffman, Marie Hopeck, Mirjorie Hafeneister, Harold Horn, Nancy Holmes, Vincent Luciano, Josephine Mareno, Charles Masi, Jane Peluso, Martha Montanari, Joan Pooler, Clara Ponzillo, Donnalie Robinson, Josephine Rose, Nancy Rosko, Christopher Sgambati, Joanne Starks, Sally Tracy, Phyllis Wilkolaski, Carm Taglione, Josephine McCormack, Joyce Montgomery, Sharon Smith.

Welcome New Members:

Sharon Smith, Jean Perry, Sandra Kobzar, Pat Bruno

Welcome Back:

Bernard (Ben) Dragonette
Robert Bradbury

ATTENTION

BOCCE LEAGUE: The league starts THURSDAY, MAY 1ST. All are asked to be at the Bocce courts 9:15 AM sharp.

PRESIDENT'S CORNER

Many "Thanks" to the Mechanicville District Public Library (Laura) for sponsoring Martha Gallagher, Adirondack Harpist, who entertained the Senior Citizens at our Ice Cream Social. Martha was a delight. We were also entertained by

John Gracey, originally from Ireland, who sang for us and we all enjoyed listening to him talk.

The Senior Center has purchased a new puzzle rack. It looks nice and much easier to see the puzzle choices. Thank you to Joanna Bull and her grandson for picking it up and setting it up

HONORARY MEMBERS:

It was 2006 when we last honored our 90 and over members. This year we are proud to say we have 14 Senior members received their certificate and Honorary Lifelong Membership Card.

They are as follows:

Elvira Bagnoli, Jennie Bright, Pauline Buononato, Mary Canonica, Hazel Conerty, Mary Curto, Stephen Grozzo, Lucy McMillan, Clara Ponzillo, Albert Remancus, Rita Sullivan, Marie Thomas, Nina Wendell and Mary Alice Whalen. Congratulations to all!!!!!!

You may notice that all of the plants on the window sills have new containers and soil. Thanks to Karen DeVoe, Joanna Bull and Mary Ann Horn for a job well done and appreciated.

Big "Thank You" to Mickey Sweeney for the Bleeding Heart and Columbine plants, now planted out front in our garden and are really starting to grow.

My best to all, Roberta

*Mechanicville Area
Senior Citizens Organization Inc.*

*Board of Directors
Jo Ann Rielly, Director
Roberta Lane, President
Mimi Izzo, Vice President
Joyce DiVirgilio, Secretary
Catherine Lynch, Treasurer*

*Office Staff
Mary Kolly, Senior Coordinator
Roberta Lane
Beth Izzo*

SARATOGA COUNTY OFFICE FOR THE AGING -- MAY 2008 MENU
HOME DELIVERED MEALS 363-4020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SERVED DAILY AT SITES: COFFEE, TEA, MILK AND MARGARINE. NO SUBSTITUES FOR FOOD ALLERGIES-DIABETICS WILL RECEIVE SUBSTITUES. THE SUGGESTED CONTRIBUTION IS \$2.00 PER MEAL-THERE IS A \$3.00 FEE FOR GUESTS UNDER THE AGE OF 60. PLEASE MAKE CHECKS PAYABLE TO: <i>PRESTIGE SERVICES, 152 West High Street, Ballston Spa NY 12020</i></p>			<p>1 Dave's Chicken Pot Pie Green Beans Warm Spiced Peaches</p>	<p>2 Mrs. Friday's Fish with Tartar sauce Home Fries Mixed Vegetable Dinner Roll Mandarin Oranges *Favorite meal of Ballston site*</p>
<p>5 Hot Dog on a bun Mustard Baked Beans Sauerkraut Pineapple</p>	<p>6 Open Face Hamburger with Mushroom Gravy Mashed Potatoes Corn Pears</p>	<p>7 Chicken Salad Cold Plate Veloute Soup Wheat Bread Crackers Short Cake with Fruit*</p>	<p>8 Roast Pork with Gravy Mashed Potatoes Diced Beets Wheat Bread Graham Cracker Crunch*</p>	<p>9 Mother's Day Special Stuffed Chicken Breast Parsley Red Potatoes Green Bean Almondine Frosted Brownie</p>
<p>12 Meatball Sub On a Roll Broccoli Carrots Lemon Pudding*</p>	<p>13 Oven Fried Chicken Rice Pilaf Red Cabbage Italian Bread Peaches</p>	<p>14 Chef Salad with Ham, Turkey, Cheese, Lettuce, Tomato Dressing Dinner roll Fresh Fruit Birthday Cake*</p>	<p>15 Pulled Pork with Pork Gravy on a Bun Cole Slaw Potato Salad Mandarin Oranges</p>	<p>16 Macaroni & Cheese Stewed Tomatoes Corn Bread Fruited Gelatin*</p>
<p>19 BBQ Ribs with Lite BBQ Sauce Parsley Red Potatoes Green Beans Dinner Roll Tapioca Pudding*</p>	<p>20 Baked Zita with Meat Sauce and Cheese Garlic Bread California Blend Vegetables Fruit Cocktail</p>	<p>21 Ham & Cheese Cold Plate Mustard Macaroni Salad Carrot Raisin Salad Fruit Crisp*</p>	<p>22 Dave's Marinated Chicken Baked Beans 4 Way Mixed Vegetables Dinner roll Chocolate Pudding*</p>	<p>23 Memorial Day Special..... Roast Beef with Gravy Mashed Potatoes Peas Wheat Bread Red, White, and Blue Cake.</p>
<p>26 Memorial Day Holiday..... No Delivery...</p>	<p>27 Salisbury Steak Mashed Potatoes Peas Wheat Bread Fresh Fruit</p>	<p>28 Navy Bean Soup with Crackers Turkey Sandwich on Whole Wheat With Mayonnaise Lemon Pudding*</p>	<p>29 Senior Luncheon At Saratoga City Center..... No Delivery</p>	<p>30 Mrs. Friday's Fish with Tarter Sauce Cheese Garlic Mashed Beets Wheat Bread Banana</p>