



Mechanicville Area Senior Citizens Organization Inc.

Instituted May 12, 1969

June, 2008

178 North Main Street, Mechanicville, NY 12118 Telephone: 664-7877

The monthly Board Meeting will be Tuesday, June 3, 2008 at 9:30 AM.

There will not be any Monthly Meetings for June, July and August.

The May 50150 raffle was won by Ben Dragonette, who kindly donated the money back to the Center. Thank you Ben.

MONTHLY DINNER: THURSDAY, JUNE 5, TUSAN'S GRILL IN CLIFTON PARK. Dinner at 5:00. Folmsbee Bus leaves Center at 4:30. Bus accommodates 40 people. More reservations can be taken if you are driving. **Signup Sheet** is on Bulletin Board. Please continue to call the Center with suggestions for the dinners.

MONTHLY DINNER FOR JULY: PANZA'S RESTAURANT, SARATOGA LAKE. THURSDAY, JULY 3. @ 5:00.

Please indicate whether you will be traveling by 'BUS or CAR' when signing up for any event,

SENIOR PICNIC – Tuesday, June 10, at 1:00 PM. Menu: Subs & Salad, Cake, Soda & Coffee. Cost will be \$5.00. Sign up and money due by Friday, May 30.

FATHER'S DAY LUNCHEON will be Friday, June 13, at 12:00 noon. Menu is Open-Faced Roast Beef Sandwich, Mashed Potatoes, Honey Glazed Carrots and Chocolate Cream Pie for desert. Please call Karen at 664-3924 two days before this event for reservations.

AARP DEFENSIVE DRIVING CLASS will be held at the Mechanicville Senior Center on Saturday, June 21, at 9:00 AM to 5:00 PM. Cost is \$10.00. You will have a 15 minute break for lunch. Limited to 35 people.

This will be the last class until Fall.

STRAWBERRY SOCIAL will be held at the Senior Center on Thursday, July 17, from 6:00 to 8:00 PM. Menu is Strawberry Shortcake, ice cream, punch, soda and coffee. This Social is open to the public.

The Seniors will be going on their Annual Boat Trip on Monday, July 21. They will be lunching on the Lac du Saint Sacrement. Cost is \$30.00 which includes bus fare. Folmsbee Bus will leave the Senior Center at 9:30 AM. **Signup Sheet** is posted on the Bulletin Board. Money must be in by July 9.

SENIORS MALL RUN:
Wednesday, June 4 –
Wilton Mall & Wal-mart
Wednesday, June 18 –
CPM & KMART
Van leaves Center @ 9:15 AM. Please call Meg Gorman, Public Safety, to sign up at (664-5651). Van limited to 10 seniors.

The Bellevue Mobile Mammography Van will be at the Senior Center on Wednesday, July 23, from 10:00 AM to 2:00 PM. Please call 1-888-423-3366 (toll free) to schedule an appointment. This service is open to the public.

Activities at the Center:
No Creative Writing or Canasta for June, July and August. They will resume in September.
Osteobusters Exercise Program Tuesdays and Fridays from 9:00 to 10:30 AM.
Weight Watchers classes Monday evening at 5:30 PM
~ ~ ~ e v e r ~ ~ ~
Thursday 10:00 AM Exercise Class - every Monday, Wednesday and Friday from 10:30 to 11:00 AM.

Pinochle - every Tuesday at 1:00.

Scrabble - Join us for Scrabble on Wednesdays and Thursdays, 12:30 – 3:30 PM.

Pokeno - Held after lunch on Fridays.

Shuffleboard – Monday and Wednesday at 1:00 PM.

DATES TO REMEMBER

Senior Picnic – Tuesday, June 10
Bocci Brunch Buffet – Thursday, July 24th at the Fairways. Emma Lester is Chairperson.

Strawberry Social – Thursday, July 17

Lake George Boat Trip – Monday, July 21

Prestige Barbecue – Fri., Aug. 1
Clam Steam – Tues., August 26

Holiday Inn Lunch & Show – Wednesday, Sept. 17

MYRTLE BEACH TRIP

October 5-11, 2008
\$665.00/person – double room
\$800.00/Single

Featuring 3 Spectacular Shows
6 Fun Breakfasts and Dinners
\$25.00 per person deposit due before JULY 7TH
Final payment due by AUGUST 18TH.

Trip insurance available; enhanced insurance needs to be paid WITHIN 14 DAYS OF DEPOSIT MONEY.

Any questions or further info needed contact JOANNA BULL 664-2645.

JUNE BIRTHDAYS:

Anne Arceneaux, Brad Arnold, Joan Barone, Nora Boyer, Helen Bruno, Theresa English, Lucy Busone, Ann Burrello, Leroy Carnard, Jennie Cervine, Dorothy Connors, Jeannette

Cotrofeld, Shirley Cyr, Joseph Coppola. Aminda DeVito, Doris DeMarco, Antoinette Forte, Carmella Fusco, Ann Fascia, Patricia Finigan, Vincent Fondano. June Gurnett, Elsie Haggerty, Mary Ann Horn, Elsie Hunt, Catherine Izzo, Karen Gretchen Koper, Patricia Krause, Peter Lorenzo, David Lefko, Michelena Mastriani, Phil Milano, Lois Mone, Thomas Murphy, John Omilin, Margaret Palmer, Gloria Piccirilli, Anna Reilly, Diane Reilly, Theresa Sgambati, Mary Ann Shovah, Marie Smiel, Martha Stalter, Mary Torres, Bob Van Detta, Karen Valoze, Frank Waldron.

Welcome New Members:

Margaret Spore, Leona Serbalik, Harriet Hammer, Stanley and Barbara Fronczek.

REMINDER: Membership Dues for 2008 (\$7.00) are still being collected in the office from 9:00 AM to 4:00 PM, Monday-Friday.

Thank you to Josic McCormick for the donation of all the yarn, needles and knitting books, Vivian Perrota for cups and Shirley Tremley for books.

NO PROFANITY. PLEASE. IN THE CENTER.

WANTED!!! VOLUNTEER DRIVERS TO DELIVER MEALS FOR SARATOGA COUNTY ELDERLY NUTRITION PROGRAM

IN MECHANICVILLE AND STILLWATER AREAS. FOR MORE INFORMATION, PLEASE CALL THE OFFICE FOR THE AGING AT 3634020 OR 884-4100.

PRESIDENT'S CORNER

On May 13th we held our last monthly meeting before our Summer recess begins, but we still have many activities going on

We have scheduled our Senior Picnic for Tuesday, June 10th and our committee consists of Mimi Izzo, Joyce DiVirgilio and Catherine Lynch.

Our Strawberry Social will be Thursday evening, July 17th with committee members, Helen Blowers, Mary Kelly, Bette De Cella, Mickey Sweeney, Doreen and Lee Sponable. Thank you to all.

Please, please read your newsletter or stop by to check the Bulletin board for activities and daily trips being posted:

I am happy to report that the Myrtle Beach trip is completely booked, but you may sign up on the waiting list.

If you know of any members needing a get well card, please leave word for me at the office.

The month of June brings us Children's Day, Flag Day, Father's Day, Graduations, and family get together time along with the beginning of Summer.

Enjoy!!!!

*My best to all,
Roberta*



Mechanicville Area

Senior Citizens Organization Inc.

Board of Directors
Jo Ann Rielly, Director
Roberta Lane, President
Mimi Izzo, Vice President
Joyce DiVirgilio, Secretary
Catherine Lynch, Treasurer

Office Staff
Mary Kelly, Senior Coordinator
Beth Izzo
Roberta Lane

SARATOGA COUNTY OFFICE FOR THE AGING- JUNE 2008 MENU
HOME DELIVERED MEALS 363-4020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Baked Meatloaf Mashed Potatoes Squash Wheat Bread Pears	3 Kielbasa Boiled Cabbage Pierogi Sour Cream Rye Bread Pineapple	4 Boneless Chicken Breast with Dave's Lite BBQ Sauce Rice Pilaf Cauliflower Dinner Roll Fruit	5 Swedish Wheat Bread Pudding	6 Roast Turkey with Gravy Cranberry Sauce Stuffing Mixed Vegetable Dinner Roll! Cranberry Crunch*
9 Chicken Pany on a Bun Mashed Potatoes Harvard Beets Chocolate Pudding *	10 Spaghetti with Meatballs Parmesan Cheese Tossed Salad Italian Bread Warm Spiced Peaches	11 Egg Salad Cold Plate Potato Salad Coleslaw Wheat Bread Fresh Fruit	Sweet Italian Sweet Italian Sausage with Onions & Peppers Hot Dog Roll Carrots Gelatin with Topping*	13 Father's Day Special Opn Faced Roast Beef Sandwich Mashed Potatoes Honey Glazed Carrots Chocolate Cream Pie*
16 Hot Dog on a Bun Baked Beans Sauerkraut Pineapple	17 Open Faced Hamburger with Mushroom Gravy Mashed Potatoes Brussels Sprouts Pears	18 Chicken Salad Cold Plate Veloute Soup Wheat Bread Crackers Fruit Shortcake*	19 Roast Pork with Gravy Rice Diced Beets Wheat Bread Vanilla pudding with Graham Cracker Crunch	20 M s . Friday's Fish with Tartar Sauce Home Fries Green Beans Dinner Roll Mandarin Oranges
23 Meatball Sub on Sub Roll Broccoli Carrots Lemon Pudding*	24 Oven Fried Chicken Rice Pilaf Red Cabbage Italian Bread Peaches	25 Chef Salad with Turkey, Ham & Cheese Salad Dressing Roll Birthday Cake*	26 Macaroni & Cheese Stewed Tomatoes Corn Bread Fruited Gelatin*	27 Pulled Pork on a Bun with Gravy Coleslaw Potato Salad Mandarin Orangs
30 Ribette with Lite BBQ sauce Parsley Red Potatoes Green Beans Dinner roll Tapioca Pudding*	SERVED DAILY AT SITES: COFFEE, TEA MILK AND MARGARINE. NO SUBSTITUTES FOR FOOD ALLERGIES-DIABETICS WILL RECEIVE SUBSTITUTES. THE SUGGESTED CONTRIBUTION IS \$2.00 PER MEAL- THERE IS A \$3.00 FEE FOR GUESTS UNDER THE AGE OF 60. PLEASE MAKE CHECKS PAYABLE TO: PRESTIGE SERVICES, 152 WEST HIGH STREET, BALLSTON SPA NY 12020			

MENU SUBJECT TO CHANGE