



Mechanicville Area Senior Citizens Organization Inc.

Instituted May 12, 1969

June, 2007

178 North Main Street, Mechanicville, NY 12118 Tel. 664-7877

The Board of Directors Meeting will be on Tuesday, June 5th at 9:00 AM. No Board meeting again until August 7th.

At our May monthly meeting Anna Siciliano won the 50/50 raffle and graciously donated the money back to the Center. Thanks Anna.

At the May meeting your new slate of Senior Center Officers were installed by Commissioner JoAnn Rielly at follows:

President: Roberta Lane
Vice-Pres: Emilia Izzo
Secretary: Joyce DiVirgilio
Treasurer: Catherine Lynch

There will not be any monthly meetings for June, July and August. We will start the monthly Meetings again on September 11th.

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At the Senior Spring Banquet recently held at Fairways, Tom Richardson was the guest speaker taking us back 30, 40 and even 50 years of memories that were once in our city. We would like to thank all the local merchants and the City Council members for the generous donations given. A wonderful evening of fun for all. Thank you to everyone attending the banquet.

ATTENTION: We will be having a Book sale the month of June. A bag of books for \$1.50.

The Senior Monthly Dinner will be Thursday, June 7th, at Ruby Tuesday. Bus will leave the Center At 4:30. Signup sheet posted on our

Bulletin Board after the first of the month. Order off the menu. Separate checks.

On Friday, June 8th at noon Prestige will be having a barbecue at the Center. The menu will be hamburger on a bun, macaroni salad, coleslaw, chips and make your own sundae. Deadline for reservations will be Wednesday, June 6th. Call Karen at 664-3924.

The Senior Center will be having our picnic on June 12th at 1:00. Menu is hamburgers, hot dogs, salad, watermelon and cold drinks. \$6.00 per person. Money is due by June 1st.

Father's Day Luncheon is scheduled for Friday, June 15th at noon. Menu is open face roast beef sandwich, mash potatoes, honey glazed carrots and chocolate cream pie. Reservations by Wednesday, June 12th with Karen 664-3924 by noon.

Just a reminder on our Mystery Trip, Friday, June 15th. Bus will leave the Center at 8:30 AM. Returning approximately between 5:00 or 6:00 PM.

AARP Defensive Driving Class will be held at the Mechanicville Senior Center on Wednesday and Thursday, June 27 and 28, 9:30 AM to 1:30 PM. Cost is \$10.00. Please bring pad and pen for any notes to be taken. There will be a ten minute break for coffee and cookies. This class is now full, but will be having another class in September.

The Bellevue Mobile Mammography Van will be at the

Mechanicville Senior Center on Thursday, July 5, from 10:00 AM to 2:00 PM. Please call 1-888-423-3366 to schedule an appointment. This is a free call. Open to the public.

Strawberry Social will be held at the Center on Thursday, July 12th from 6:00-8:00PM. Price is \$5.00 per person. We will be entertained by the Starlight DJ Services. This is open to the public.

Arrangements have been made for the Seniors to be going on the Lake George boat trip sailing on the Lac du Saint Sacrement on Monday, July 30th. If we have more than 20 Seniors the price will be \$26.00 – if less than 20 the price is \$27.00. Senior bus will leave the Center at 10:00 AM. Signup sheet will be posted on bulletin board around June 1st.

Our Clam Steam date is set for Tuesday, August 28th. It will be the same as last year. Price is \$26.00. We may possibly have a bus going to Krause's, depending on how many are driving. More information to follow on this.

Reservations have been made for our Foliage Trip. Date is Tuesday, October 9th. More information to follow in upcoming newsletters. This will conflict with October Center monthly meeting, but this is the only scheduled date for this show.

Activities:

Journal Writing, Pinochle & Canasta meets Tuesdays 1:00 PM.

Scrabble on Wednesday & Thursday
afternoons at 1:00 PM.

Exercise meets on Mondays,
Wednesdays and Fridays @ 10:30
AM.

Shuffleboard meets on Wednesdays
@ 1:00 PM

Pokeno is enjoyed on Fridays after
lunch

****ATTENTION: UPCOMING
DATES TO REMEMBER ****

Tuesday, June 12th – Senior Picnic
1:00 PM \$5.00

Friday, June 15th – Mystery Trip
8:30AM \$61.00

Thursday, July 5 – Mammogram's
mobile unit in parking lot 10:00-12:00
– open to the public

**Thursday, July 12th – Strawberry
Social 6:00PM** – open to the public

Tentative date – Tuesday, July 30th

–Lake George Boat trip

**Tentative date – Tuesday, August
28th – Clamsteam**

**Wednesday, September 19th –
Holiday Inn Theatre at Lake George**

Please remember to write down your
phone number when signing up for
anything. Also, if you cancel on any
events, including monthly dinners,
please call the Center as soon as
possible

WELCOME NEW MEMBERS:

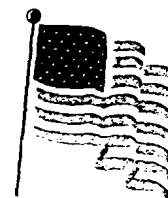
Mary Canonica
Arthur Mossey

JUNE BIRTHDAYS

Anne Arceneaux, Joan Barone,
Helen Bruno, Lucy Busone, Jenny
Cervine, Jeannette Cotrfeld, Joseph
Coppola, Robert Dugan, Vincent
Fondano, Carmella Fusco, Patricia
Finigan, Hugh Gorden, Elsie, Hunt,

Karen Gretchen Koper, Peter
Laurenzo, Michelena Mastrianni,
Lois Mone, John Omilin, Gloria
Piccirilli, Diane Reilly, Mary Ann
Shovah, Martha Stalter, Bob Van
Detta, Brad Arnold, Martha Baltrus,
Gisele Busone, Ann Burrello,
Dorothy Connors, Shirley Cyr,
Aminda De Vito, Doris De Marco,
Antoinette Forte, Ann Fascia,
Catherine Gorden, June Gurnett,
Mary Ann Horn, Catherine Izzo,
Patricia Krause, David Lefko, Phil
Milano, Thomas Murphy, Margaret
Palmer, Anna Rielly, Theresa
Sgambati, Marie Smiel, Mary
Torres and Karen Valoze.

Happy Birthday to All !!!!!



PRESIDENT'S CORNER

Thank you to Karen DeVoe, Carol
Maloney and Mary Ann Horn for
your help with getting the newsletter
ready for mailing last month and
also your help with our Patriotic
decorations for the Center. Always
great fun with you gals.

Thanks to Jim Peacock for all the
beautiful cards you dropped off to
me.

If anyone knows of someone in
need of a get well card or phone
call of cheer, please contact me.

Please read the newsletter over
the Summer, we still have things
going on !!!!!!!

***Mechanicville Area
Senior Citizens Organization Inc.***

Board of Directors

*Jo Ann Rielly, Director
Roberta Lane, President
Mimi Izzo, Vice President
Joyce DiVirgilio, Secretary
Catherine Lynch, Treasurer*

Office Staff

*Mary Kelly, Senior Coordinator
Roberta Lane
Beth Izzo*

SARATOGA COUNTY OFFICE FOR THE AGING

June, 2007

Home Delivered Meals 363-4020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SERVED DAILY AT SITES:
COFFEE, TEA, MILK, BREAD AND MARGARINE.

* NO SUBSTITUTES FOR FOOD ALLERGIES.
* DIABETICS WILL RECEIVE SUBSTITUTES.
* MEAL CALENDAR SUBJECT TO CHANGE WITHOUT NOTICE



MRS. FRIDAY'S FISH WITH TARTAR SAUCE
CHEESY GARLIC MASHED POTATOES
BEETS
WHEAT BREAD
BANANA

<p>4</p> <p>BAKED MEATLOAF MASHED POTATOES SPINACH WHEAT BREAD PEARS</p>	<p>5</p> <p>KIELBASA AND BOILED CABBAGE PIEROGI WITH SOUR CREAM RYE BREAD PINEAPPLE</p>	<p>6</p> <p>BONELESS BBQ CHICKEN RICE PILAF CAULIFLOWER WHEAT BREAD BANANA PUDDING*</p>	<p>7</p> <p>SWEDISH MEATBALLS BUTTERED PASTA SWEET AND SOUR CABBAGE WHEAT BREAD LEMON BAR</p>	<p>8</p> <p>ROAST TURKEY WITH GRAVY CRANBERRY SAUCE HERB STUFFING MIXED VEGETABLES DINNER ROLL CRANBERRY CRUNCH</p>
<p>11</p> <p>CHICKEN PATTY WITH GRAVY MASHED POTATOES HARVARD BEETS EYE BREAD CHOCOLATE PUDDING*</p>	<p>12</p> <p>TUNA SALAD COLD PLATE POTATO SALAD COLE SLAW WHEAT BREAD FRESH FRUIT</p>	<p>13</p> <p>SPAGHETTI AND MEATBALLS WITH PARMESAN CHEESE TOSSED SALAD ITALIAN BREAD TROPICAL FRUIT</p>	<p>14</p> <p>CHICKEN A LA KING CONFETTI RICE CARROTS WHEAT BREAD GELATIN WITH WHIPPED TOPPING</p>	<p>15</p> <p><i>Father's Day Special</i> OPEN FACED ROAST BEEF SANDWICH MASHED POTATOES HONEY GLAZED CARROTS DINNER ROLL CHOCOLATE CREAM PIE</p>
<p>18</p> <p>HOT DOG ON A BUN WITH MUSTARD BAKED BEANS SAUERKRAUT PINEAPPLE</p>	<p>19</p> <p>SPANISH RICE SLICED CARROTS GREEN BEANS WHEAT BREAD LEMON PUDDING*</p>	<p>20</p> <p>CHICKEN SALAD COLD PLATE CREAM OF SPRING VEGETABLE SOUP WHEAT BREAD FRUIT CRISP WITH TOPPING*</p>	<p>21</p> <p>ROAST PORK WITH GRAVY MASHED POTATOES DICED BEETS WHEAT BREAD VANILLA PUDDING WITH GRAHAM CRACKER CRUNCH</p>	<p>22</p> <p>STUFFED PEPPERS CORN GARLIC BREAD BANANA</p>
<p>25</p> <p>OPEN FACED HAMBURGER WITH MUSHROOM GRAVY MASHED POTATOES BRUSSEL SPROUTS PEACHES</p>	<p>26</p> <p>OVEN FRIED CHICKEN RICE PILAF CORN WHEAT BREAD POUND CAKE WITH CHOCOLATE GLAZE</p>	<p>27</p> <p>PULLED PORK ON A ROLL COLE SLAW POTATO SALAD BIRTHDAY CAKE</p>	<p>28</p> <p>MACARONI AND CHEESE STEWED TOMATOES CORN BREAD FRUITED GELATIN*</p>	<p>29</p> <p>SLOPPY JOE ON A BUN CHEF DELITE SCALLOPED POTATOES PEAS FRESH FRUIT</p>

SUGGESTED CONTRIBUTION: \$2.00 PER MEAL.
IF PAYING BY CHECK, PLEASE MAKE PAYABLE TO:
PRESTIGE SERVICES, INC.
152 WEST HIGH STREET
BALLSTON SPA, NY 12020

NO ONE OVER 60 WILL BE DENIED A MEAL IF THEY ARE UNABLE TO MAKE A CONTRIBUTION.
THERE IS A \$3.00 FEE FOR GUESTS UNDER 60