



Mechanicville Area Senior Citizens Organization Inc.

Instituted May 12, 1969

APRIL, 2008

178 North Main Street, Mechanicville, NY 12118 Telephone: 664-7877

The Monthly Board Meeting will be Tuesday, April 1, at 9:30 AM.

The next scheduled Monthly Meeting will be Tuesday, April 8, at 1:00; Ice Cream Social following meeting and Harpist Martha Gallagher will play for everyone's enjoyment. No charge for the Social.

The March 50150 raffle was won by Kate Belmonte.

MONTHLY DINNERS:

THURSDAY, APRIL 3. AT HILDRETH'S RESTAURANT. Dinner at 5:15. City Bus from Center. if you are unable to get a ride to the Senior Center, please call the Public Safety office at 664-5551. The last stop for the City Bus will be at the Senior Center. leaving for Hildreth's at 4:45.

THURSDAY, MAY 8. AT SALTY'S INHALFMOON. Dinner at 5:00; Folmsbee Bus lvs Center at 4:30.

THE SPRING FLING BANQUET IS SCHEDULED FOR FRIDAY, APRIL 18TH AT THE FAIRWAYS. Doors open at 6:00. Dinner will be served at 6:30. Choice of Sliced Sirloin, Baked Haddock or Boneless Breast of Chicken, Salad, Vegetable, Potato and Dessert. Cost is 522.00 which includes tip and tax. There will be a 50150 raffle plus other gift raffles and door prizes. Deadline for reservations is Wednesday, April 9. City Bus leaves Center at 6:00. We will be having guest "singers". Reservations due by April 9. Signup Sheet is on Bulletin Board or you may call the Center.

??MYSTERY TRIP?? FOR THIS YEAR WILL BE ON TUESDAY, MAY 20. We will be traveling with Wade Tours, leaving the Center at 8:30 AM. Luncheon serving time will be 11:45 AM, consisting of Tossed Green Salad with choice of

Baked Haddock with roasted garlic crumb topping, served over braised greens, rice pilaf and vegetable of the day or Boneless/Skinless Chicken Breast with Five Herb Stuffing, served with mashed potatoes, country gravy, homemade cranberry chutney and vegetable of the day. Lunch includes rolls/butter, coffee or tea and Apple Crisp for dessert. Cost of this trip is \$60 which covers lunch, show, bus, tip and tax. After lunch we will be entertained with a Cabaret Show. Also, after the Show there will be a tour plus we will stop at a Country Store for a short time. Come in and sign up. It should be a fun day. We have a 47 passenger bus, but we need at least 38 seniors to fill it. Deadline is May 7. Anyone canceling after this date will not be able to get a refund. A refund will be given if the seat can be filled.

AARP INCOME TAX preparation continues on Wednesdays thru April 9, 2008. An appointment is necessary: call 664-7877.

The Center will be having an AARP DRIVING CLASS on Saturday, April 12, from 9:00 AM to 5:00 PM. Please bring a lunch. The class is full (limited to 35), but you may have your name put on the waiting list.

"MYRTLE BEACH TRIP"
October 5-11, 2008
\$665.00/person - double room
\$800.00/Single
Featuring 3 Spectacular Slows,
6 Full Breakfasts and Dinners
\$25.00 per person deposit due before JULY 7TH
Final payment due by AUGUST 18TH.
Trip insurance available
enhanced insurance needs to be

paid WITHIN 14 DAYS OF DEPOSIT MONEY.

**PAYMENTS START AT CENTER - APRIL 1ST AT CENTER OFFICE.
Any questions or further info needed *contact JOANNA BULL* 664-2645.

Activities:

Osteobusters Exercise Program Tuesdays and Fridays from 9:00 to 10:30 AM.

Weight Watchers classes are being held at the Center on Monday evening at 5:30 PM. Exercise Class - every Monday, Wednesday and Friday from 10:30 - 11:00 AM.

Pinochle - every Tuesday at 1:00

Canasta - every Tuesday at 1:00.

"Creative Writing" Class - every Tuesday at 1:00.

Scrabble - Join us for Scrabble on Wednesdays and Thursdays, 12:30 - 3:30 PM.

Pokeno - After lunch on Fridays. Shuffleboard - Monday and Wednesday at 1:00 PM. Members come join the fun.

TENTATIVE DATES:

Lake George Boat Trip/July 21
Clam Steam/August 26
Holiday Inn Lunch & Show/9-17
Foliage Trip/October 21

MALL RUN - Until further notice, the City will not be offering the Mall run on Saturday and is no longer available for trips outside the Mechanicville area. Future out-of-town dinner trips will be provided on a monthly basis using the Folmsbee Bus Transportation Co. Beth Izzo will be coordinating these Dinners. Please call her with ideas.

"Thank you" to Carol Maloney for returning the cans to the Price Chopper.

A belated "Thank you" to Mary Whitney for the beautiful candy wreath she and her grandchildren made for the Center. (We put the candy in dishes around the Center for all to enjoy.)

WANTED!!! Volunteer Drivers to deliver Home Delivered Meals for the Saratoga **County** Elderly Nutrition Program for the Mechanicville and Stillwater areas. For **m^ore** information, please call the **O^fice** for the Aging at 363-4020 or 8844100.

Nutrition Program & Senior Center closings during the Winter months: Please watch Program Closings due to inclement weather on Channel 6 (WRGB). Saratoga County Senior Meals *will* be displayed with the School closings. If you do not see "Senior Meals" on the station listed above, you may call the Office of Aging at 8844100.

Welcome New Members: George Grey, William Wilkoski, Phyllis Wilkoski. Jane Berlin, Marilyn Crowther, Mary DeCrescente, Marguerite Casey.
Welcome Back: Mary Bonarigo and Helen Hawran.

Membership dues for 2008 (\$7.00) are still being collected in the office from 9:00 AM/ 4:00 PM. Monday –Friday.

APRIL BIRTHDAYS

Edwin Batchelder, Mary Boucher, Lois Bourke, Rocco Camereo, Dolores Cole, Mary **D'Aloia**, Virginia **Donahue**, Jennie Fox, Mary Funaro, Edwin Gandron, Dolly Fantauzzi, Michael Garland, Liily **LeVasseur**, Thomas **Messore**, Joyce Mondoux, Barbara Murray, Pat Palmer, **Camella** Scarati, Vivian Stanley. Elaine Vredenburg, Marie Thomas, Robert Belisario, Elizabeth Bunk, Caroline Batchelder, Mary Colarusso, **Elzora Conway**, Patty **DiNallo**, Karen DeVoe, Carmine Fusco, Dominick Grimaldi, Josephine Gilheany, Irene Galomb, Frank **Izzo**, George Marotta, Mary Moore, **Marvin** Mondoux, Jean Patterson, Joan Root, Carm Siciliano, Nancy Vermilyea, Steven Werner, Rose **Zappone**.

From your President

Hope everyone enjoyed St. Patrick's Day and Easter.

Thank you to Vice President hlimi Izzo for filling in for me at the March monthly meeting on such short notice.

Things are starting to get busy now. I-losing to have a good turnout for the Ice Cream Social on Tuesday, April 8th. The Library has graciously provided Martha Gallegar, harpist, to play at the Social. Thank you to Laura at the Library.

If you haven't signed up for Bocce and are interested in playing, time is getting short. last day to sign-up is April 8th. League starts Thursday, May 1st at 9:15 sharp at Italian Fraternal Hall.

Thank you to those that have been decorating the lobby at the Center. Greatly appreciated.

My Best to You All.
Roberta

From Commissioner Jo Ann Rielly:

Dear Seniors:
Please take a minute to look over the enclosed brochure. It concerns older Seniors and at-risk driving. In the coming weeks, a representative from Senior & Special Needs Driving, LLC will visit our Senior Center to address these issues. Please check next month's Newsletter for date and time.



Mechanicville Area Senior Citizens Organization Inc.

Board of Directors
Jo Ann Rielly, Director
Roberta Lane, President
Mimi Izzo, Vice President
Joyce DiVirgilio, Secretary
Catherine Lynch, Treasurer

Office Staff
Mary Kelly, Senior Coordinator
Roberta Lane
Beth Izzo

SARATOGA COUNTY OFFICE FOR THE AGING- APRIL 2008 MENU
HOME DELIVERED MEALS 363-4020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SERVED DAILY AT SITES: COFFEE, TEA, MILK AND MARGARINE. NO SUBSTITUTES FOR FOOD ALLERGIES- DIABETICS WILL RECEIVE SUBSTITUTES.	1 Baked Chicken Mashed Potatoes Pear Pumpernickel Bread Mandarin Oranges	2 Pasta w/ Meatballs Parmesan Cheese Italian Green Beans Slice Carrots Italian Bread Gingerbread Cake with whipped topping*	3 Sweet & Sour Pork Winter Blend Vegetables Dinner Roll Fruited Gelatin*	4 Macaroni & Cheese Stewed Tomatoes Cornbread Apricot Fruit Cup "Favorite meal of Waterford site"
	7 Beef Stew Green Beans Biscuit Pudding*	8 Lemon Thyme Chicken Roasted Red Potatoes Broccoli Wheat Bread Fresh Orange	9 Roasted Pork with Gravy Mashed Potatoes Red Cabbage Wheat Bread Applesauce	10 Chili Rice Corn Wheat Bread Pound Cake with Fruit Sauce*
14 Baked Ham & Scalloped Potatoes Peas Oat Bread Hot Apples & Raisins	15 Chicken Parmesan Penne Pasta with Sauce Green Beans Italian Bread Pineapple	16 <i>Bream Special</i> Pancakes with Syrup Turkey Sausage Hash Brown Potatoes Strawberries	17 Hot Dog on Bun Baked Beans Sauerkraut Pears	18 Dave's Chicken Pot Pie Green Beans Hot Spiced Peaches
21 Meatloaf with Gravy Mashed Potatoes Spinach Rye Bread Fruit Cocktail	22 Chicken with Divan Sauce Rice Pilaf Mexican Corn Dinner Roll Fresh Fruit	23 Liver and Onions Mashed Potatoes Green Beans Italian Bread Cocktail	24 Roast Beef with Gravy Mashed Potatoes Green Beans Rye Bread Pudding*	25 Open Faced Pulled Pork Sandwich w/Gravy Broccoli Sweet Potato Fries Apricots
28 Salisbury Steak with Gravy Mashed Potatoes Spinach Rye Bread Peaches with whipped topping*	29 Chicken ala King California Blend Vegetables Biscuit Vanilla Pudding w/ Mandarin Oranges*	Baked Ham w/Honey Mustard Sauce Cut Sweet Potatoes Succotash Wheat Bread Birthday Cake*	THE SUGGESTED CONTRIBUTION IS \$2.00 PER ,VEAL-THEREIS A \$3.00 FEE FOR GUESTS UNDER THE AGE OF 60. PLEASE MAKE CHECKS PAYABLE TO: PRESTIGE SERVICES, 152 WEST HIGH STREET, BALLSTON SPA NY 12020	
MENU SUBJECT TO CHANGE				