



Mechanicville Area Senior Citizens Organization, Inc.

Instituted May 12, 1960

NOVEMBER, 2011

178 North Main Street, Mechanicville, NY 12118 Telephone: 664-7877

MEAL SITE will be CLOSED
On Tuesday, November 8th due
to Election Day. CENTER WILL
BE OPEN.

SENIOR CENTER AND MEAL
SITE WILL BE CLOSED ON
Friday, November 11th in
observance of Veterans Day.

THANKSGIVING – MEAL SITE -
SENIOR CENTER CLOSED on
Thursday, November 24th and
Friday, November 25th to
celebrate the Holiday.

BOARD MEETING AND
MONTHLY MEETING will be
held on Tuesday, November
8th. The Board Meeting will be
held at 12:00 and the Monthly
Meeting at 1:00. Candy
Whitehead from EPIC will be
the speaker at the Meeting.
This is a very important
meeting to attend as with the
beginning of the year (2012)
there are a great many changes
coming to the EPIC Program.

FLOWERS – Many thanks goes
to Mary Ann Horn and Barb
Whitney for their work this Fall
in the Centers flower beds.

NOVEMBERS MONTHLY
DINNER – The dinner will be
held on Thursday, November
10th at Salty's in Halfmoon. A
sign-up sheet is on the Bulletin
Board and the bus leaves at
4:30 from the Center.

MALL RUNS- The next Mall run
will be Wednesday, November
16th to Clifton Park and after
that to Aviation Mall on
Wednesday, November 23rd.

The bus will pick up at the
Plaza at 10:00 and leave the
Center at 10:15. Please call
the Center at 664-7877 to
sign-up.

RACINO – The monthly trip to
the Racino will be Tuesday,
November 15th. The bus will
leave the Plaza at 10:15 and
the Center at 10:30. Please
call 664-7877 to sign-up.

YARN – reminder to the ladies
who are making lap robes and
mittens for the holidays that
we have yarn here at the
Center for your use.

AARP DRIVING CLASS has
been scheduled for Tuesday
and Wednesday, November
8th and 9th; 9:00 to 1:00. The
cost for AARP members is
\$12.00 and non-members is
\$14.00. CHECKS ARE
PREFERRED AND NEED TO
BE MADE OUT TO AARP. The
class is filled and the next
class will be in the spring;
therefore anyone who is
unable to make this class we
would appreciate a
cancellation call as we do
have a waiting list.

FLU CLINIC – The Saratoga
County Public Health Nurses
will be at the Senior Center on
Tuesday, November 22nd
between 1:00 and 3:00
providing flu shots for our
seniors. Please bring in your
Medicare Card (Part B) and
any other insurance cards
with you. Please phone Mary
or Pat (664-7877).

VA GIFT BAGS REMINDER –
The supplies needed to fill
the gift bags for our
veterans at Christmas are
White Socks, Pens, Pencils,
Writing Pads, Small
Appointment Calendars,
Small Note Pads, Stamps
and Envelopes, Crossword
and Word Puzzle Books,
Cheese and Peanut Butter
Snack Crackers, new
Puzzles, Small American
Flags. NO RAZORS,
LIQUIDS of any kind per
request of VA Hospital. The
supplies need to be in the
Center by November 30th
and Volunteers will be
needed on Thursday, Dec.
1st at 9:00 to pack the Gift
Bags. They will be delivered
on Friday, Dec. 2nd by Joe
our President. A sign-up
sheet is on the Bulletin
Board.

VOLUNTEERS - All hands
are needed on board to
decorate the Christmas trees
and the Center on Monday,
Nov. 28th and taking
everything down on Friday,
January 6th. Sign-up sheets
are on the Bulletin Board.

ANNUAL CHRISTMAS
PARTY - will be held here at
the Center on Tuesday,
December 13th at 1:00 and
entertainment will be
provided. The meal will be
catered by the Ugly Rooster
and the menu will be Soup &
Salad, Cranberry Stuffed
Chicken, Sliced Roast Beef,
Mashed Potatoes & Gravy,
Mixed Vegetables, Rolls,

Dessert & Coffee. The cost is \$12.00 and the deadline to sign-up and pay is December 6th. Please bring in a non-perishable item for the food pantry.

GIFT BOXES FOR THE SHUT-INS – The cookies will need to be in the Center by Wednesday December 14th and the boxes will be fixed on Thursday, December 15th at 9:00. They will be delivered on Friday, December 16th at 9:00 and as always we are VERY MUCH IN NEED OF VOLUNTEERS to deliver them to Mechanicville, Stillwater, Maplewood Manor, Schuyler Ridge, Cooks Home and J.S. Moore. Sign-up sheets are on the Bulletin Board.

HOLIDAY SEASON - This time of year is very busy for all of us but please consider giving time to one of these above worthy causes. Every year we see the same wonderful people come in and help make Christmas a little better for our Veterans and our Seniors. Please think about joining us this year. We would appreciate it very much as would the recipients of our Holiday Projects.

THANKSGIVING LUNCHEON will be held here at the Senior Center on Friday, November 18th. The menu consists of Roast Turkey, Herb Stuffing, Mashed Potatoes, Green Beans Almondine, Cranberry Sauce, Dinner Roll and Pumpkin Pie.

Please call Karen at 664-3924 for reservations by Wed., November 16th before noon.

SENIORS THANKSGIVING DINNER will be hosted by the Youth Group of All Saints-on-the-Hudson Church on Saturday, Nov. 12th after the 4:00 Mass at the south church. Please call 664-3191 or 664-3354 if you are a shut-in and need a meal delivered or if you are planning on attending.

BREAST CANCER WALK Committee wishes to thank the seniors who made cookies for the walk.

ACTIVITIES AT CENTER
Weight Watchers – Classes are Monday evening at 5:30.
Exercise Class - every Monday, Wednesday and Friday from 10:30 to 11:00.
Bingo – Monday at 1:00.
Pinochle - every Tuesday at 1:00; Both men and women are welcome to play.
Scrabble - Join us for Scrabble on Wednesdays and Thursdays, 12:30 – 3:30.
Shuffleboard - Wednesday at 1:00. Both men and women members are welcome to play and we need players.
Crochet, Knitting and Needlepoint – Thursday at 1:00.
Pokeno – 12:30 on Fridays.
Wii Game – Available for use any day at 1:00.

DATES TO REMEMBER

AARP Driving Class - Tues. and Wed. Nov. 8th & 9th – 9:00 to 1:00.

Flu Clinic – Tuesday, November 22nd – 1:00 to 3:00
Christmas Party – Tuesday, December 13th at 1:00

NOVEMBER BIRTHDAYS –
Elvira Bagnoli, Romaine Bishop, Leisetta Bochette, Joann Boucher, Mary Boyko, Kathryn Carbone, Marilyn Cross, Anthony DeSieno, Carolyn DiCerco, William Faile, Anna Forina, Harriet Hamner, Dawn LeClair, Josephine Luciano, Catherine Lynch, Maureen McNeil, Francis Messore, Joan Murphy, Mary Remancus, Mildred Schell, Michalena Sorrell, Cecile Stone, Argentina Strainese, Darlene Sullivan, Mary Thibodeau, Richard Waldron, Nina Wendell

TRIPS!!! All money must be in by the due date and if cancellations occur after the due date; MONEY IS STILL DUE as your seat and your meal have been reserved.

WELCOME BACK
Harriet Hamner

FROM THE PRESIDENTS DESK! - Join us at our meeting this month; Epic will have information for us.

Joe

MECHANICVILLE AREA

SENIOR CITIZENS ORGANIZATION, INC.

Board of Directors

Tim Hipwell, Director

Joseph Coppola, President

Joyce Di Virgilio, Vice Pres.

Beth Izzo, Secretary

Catherine Lynch, Treasure

Joanna Valente, Trip Chairperson

Office Staff

Mary Kelly, Senior Coordinator

Pat Brown

SARATOGA COUNTY OFFICE FOR THE AGING – NOVEMBER 2011
HOME DELIVERED MEALS 363-4020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Liver and Onions Mashed Potatoes Green Beans Rye Bread Fruit Cocktail	2 Chicken with Alfredo Sauce Seasoned Pasta Broccoli Italian Bread Gelatin with Mandarin Oranges	3 Roast Pork with Gravy Sweet Potatoes Beets Wheat Bread Applesauce	4 Mrs. Friday's Fish Rice Pilaf Mixed Vegetables Dinner Roll Yogurt
7 Spaghetti and Meatballs with Marinara Sauce Parmesan Cheese Cauliflower Italian Bread Mandarin Oranges	8 Oven Fried Chicken Baked Beans Corn Dinner Roll Apricots	9 Open Faced Hot Roast Beef Potato Wedges Italian Green Beans Wheat Bread Banana	10 Stuffed Pepper Cauliflower Carrots Italian Bread Ice Cream	11 Closed for Veteran's day
14 Chicken with Divan Sauce Yams Peas Wheat Bread Peaches	15 Beef Stroganoff Noodles Brussels Sprouts Rye Bread Gelatin with Pears	16 Sweet and Sour Pork Brown Rice Squash Dinner Roll Tropical Fruit	17 Chili Dog on a Hot Dog Roll Corn Warm Apples and Raisins	18 THANKSGIVING SPECIAL Roast Turkey with Gravy Herb Stuffing Mashed Potatoes Green Beans Almondine Cranberry Sauce Dinner Roll Pumpkin Pie with Whipped Topping
21 Meatloaf with Gravy Mashed Potatoes Sweet and Sour Cabbage Rye Bread Fresh Orange	22 Chicken and Biscuit Collard Greens Warm Cranberry Crunch	23 Roast Ham Scalloped Potatoes Carrots Rye Bread Pineapple	24 Closed for Thanksgiving	25 Closed for Thanksgiving
28 Salisbury Steak Mashed Potatoes Wax Beans Wheat Bread Pears	29 Turkey Burger with Peppers and Onions Spinach Wheat Hamburger Roll Peach Crisp	31 Macaroni and Cheese Stewed Tomatoes Peas Cornbread Strawberries	Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$3 fee for guests under the age of 60. Please make checks payable to: Prestige Services, 152 West High Street, Ballston Spa, NY 12020	

MENU SUBJECT TO CHANGE