



Mechanicville Area Senior Citizens Organization, Inc.

Instituted May 12, 1960

MAY, 2011

178 North Main Street, Mechanicville, NY 12118 Telephone: 664-7877

SENIOR CENTER CLOSED AND MEAL SITE CLOSED

on Monday, May 30th in celebration of Memorial Day. The bus trip scheduled for the NATIONAL CEMETERY will be leaving at 1:00 that day from the Senior Center Parking Lot.

MEAL SITE CLOSED on Tuesday, May 24th due to The Annual Saratoga County Office of the Aging Senior Spring Luncheon. No Meals on Wheels. CENTER WILL BE OPENED.

BOARD MEETING AND MONTHLY MEETING will be held on Tuesday, May 10th. The Board Meeting will be held at 12:00 and the Monthly Meeting at 1:00. A presentation will be given by Diane Whitten from Cornell University Cooperative Extension Saratoga County on nutrients. Following the monthly meeting and our speaker; we will have our Ice Cream Social. All seniors are invited and the cost is a donation to the Senior Center.

50/50 was won by Mary Kelly at the April Meeting.

MAY'S MONTHLY DINNER – The dinner will be held on Thursday, May 5th at the Olive Garden in Queensbury. The bus will leave the Center at 4:30. THE BUS IS FILLED; there is seating for 12 ONLY on

the bus. YOU NEED TO CALL THE CENTER 664-7877 NO LATER THAN 12:00 NOON THE DAY OF THE DINNER TO CONFIRM THAT YOU WILL BE GOING OR YOUR NAME WILL BE REMOVED FROM THE LIST AND YOU WILL NOT HAVE A SEAT ON THE BUS. We need to know if you are going; if we have a vacant seat we can fill it with someone on the waiting list. We thank you for your cooperation in advance as having only 12 seats on the bus it would be a shame to have a vacant one and someone sitting home that didn't need to.

MOTHERS DAY LUNCHEON will be held on Friday, May 6th. Menu includes Stuffed Chicken Breast, Mashed Potatoes, Green Bean Almondine, Dinner Roll, Lemon Meringue Pie. Please sign-up or call Karen at 664-3924 before noon on Wednesday, May 4th.

RACINO – The trip to the Racino will be Tuesday, May 17th. The bus will leave the Center at 10:30. Please call the Center at 664-7877 to sign up.

MALL RUNS - The next Mall Run will be Wednesday, May 11th to Clifton Park and after that to Colonie Center on Wednesday, May 25th. The

bus will leave the Center at 10:00 and pick-up at the plaza at 10:15. Please call the Center at 664-7877 to sign-up.

THE ANNUAL SARATOGA COUNTY OFFICE OF THE AGING SENIOR SPRING LUNCHEON will be held at The Saratoga City Center on Tuesday, May 24th. The doors open at 11:00. Tickets are \$4.00 and will be sold at the Senior Center Meal Sites. The Theme this year will be Patriots and the menu will consist of Oven Fried Chicken, Mashed Potatoes/Gravy, Corn, Cole Slaw, Corn Bread, Apple Pie Ala Mode.

MEMORIAL DAY LUNCHEON Friday, May 27th. Menu includes Hot Dog on a Roll, Mustard, O'Brien Potatoes, Corn and Peas, Strawberry Shortcake with Topping. Please sign-up or call Karen at 664-3924 before noon on Wednesday, May 25th.

ACTIVITIES AT CENTER
Weight Watchers – classes are Monday evening at 5:30.
Exercise Class - every Monday, Wednesday and Friday from 10:30 to 11:00.
Bingo – Monday at 1:00.
Dart League – Monday at 1:00
Pinocle - every Tuesday at 1:00; Both men and women

members are welcome to play.
Scrabble - Join us for Scrabble on Wednesdays and Thursdays, 12:30 – 3:30.

Shuffleboard – Wednesday at 12:30. Both men and women members are welcome to play and we need players.

Crochet, Knitting and Needlepoint – Thursday at 1:00.

Pokeno – Held after lunch on Fridays.

Wii Game – Available for use any day after 12:30 with the exception of Wednesday.

PINOCHLE – The pinochle group which meets on Tuesday at 1:00 has openings for players. If you are interested; please stop by any Tuesday at 1:00.

DATES TO REMEMBER

May 23 thru May 27th – Cape Cod Trip

Thursday, June 23rd – Glens Falls House, Lunch & Tour Catskills

June – Paddlewheeler out of Schuylerville

Thursday, July 14th – Mystery Trip

Monday, August 8th – Lake George Boat Trip

Tuesday, September 20th – Lake George Lunch and Theatre

October – Cooperstown, Lunch Otesaga – Cider Mill

MAY BIRTHDAYS - Victor Arroyo, Patti Bagnoli, Edwin Batchelder, Jr, Grace Bruno, Marybeth Brzozowski, Mary Sue Carriero, Salvadore Cervine, Stanley Cukrovany, Doreen DeCrescenzo, Marie DeVito, Johanna Dyer, Mary Dyer, Dennis Gaspie. Sharon Gaspie, Paul Gaspie. Meg Gorman, Helena Hawran, Harold Horn, Vincent Luciano, Josephine Marino, Cecile Masterson, Charles Masi, Martha Montanari, Janice Morgan, Joyce Montgomery, Josephine McCormick, Dolores Patregnani, Jane Peluso, Mary Pingelski, Clara Ponzillo, Christopher Sgambati, Mary Shemo, Sharon Smith, Joanne Starks, Carmella Taglione, Phyllis Wilkolaski

THANK YOU!!! We wish at this time to acknowledge and thank four men who have volunteered their time each week to pick-up baked goods from Price Chopper and bring it into the Senior Center.

These men are Gene Vermilyea, Rip Funaro, Thomas Messoro and Joel Depreaux. Again gentlemen; Thank you for your time and effort.

BOOK SALE – Choose your favorite books and stuff our

bag to the brim for a \$1.00. Puzzles are \$.25. New items are coming in on a daily basis; stop by and see what we have to offer

WANTED!!! Volunteer Drivers to deliver Home Delivered Meals for the Saratoga County Elderly Program for the Stillwater and Mechanicville areas. For more information, please call the Office for the Aging at 383-4020 or 884-4100.

DUES – Membership dues for 2011 (8.00) are still being collected in the office from 9:00 AM to 4:00 PM on Monday through Friday.

WELCOME NEW MEMBERS

Mary Morgan, Lucielle Canary, Kathleen Soloski, Patty O'Malley, Mary O'Malley

WELCOME BACK

Gloria Callea, Anne Marie Mone, Harriet Hamner

FROM THE PRESIDENTS

DESK.... May is our last meeting until September. Please try to attend; don't forget the Ice Cream Social right after the meeting. See you there.

Joe

MECHANICVILLE AREA

SENIOR CITIZENS ORGANIZATION, INC.

Board of Directors

Tim Hipwell, *Director*

Joseph Coppola, *President*

Joyce Di Virgilio, *Vice Pres.*

Beth Izzo, *Secretary*

Catherine Lynch, *Treasure*

Joanna Valente, *Trip Chairperson*

Office Staff

Mary Kelly, *Senior Coordinator*

Pat Brown

**SARATOGA COUNTY OFFICE FOR THE AGING – MAY 2011
HOME DELIVERED MEALS 363-4020**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Steak Parmesan Buttered Noodles Broccoli Wheat Dinner Roll Pears	3 Ham and Cheese Cold Plate Mustard Rye Bread Carrot and Raisin Salad Peaches	4 Roast Beef with Gravy Potato Wedges Squash Wheat Bread Pineapple	5 Ziti with Meat Sauce Cauliflower Waxed Beans Italian Bread Apple Crisp	6 <i>Mother's Day Special</i> Stuffed Chicken Breast Mashed Potatoes Green Bean Almondine Dinner Role Lemon Meringue Pie
9 Ham Steak with Peach Raisin Sauce Paisley Potatoes Corn and Lima Beans Rye Bread Applesauce	10 Roasted Turkey with Gravy Sweet Potatoes Cauliflower Wheat Dinner Roll Banana	11 Beef Pot Pie Carrots Warm Cranberry Crisp	12 Macaroni & Cheese Stewed Tomatoes Peas Corn Bread Apricots	13 Chicken Salad Cold Plate Marinated Mushrooms Potato Salad Dinner Roll Mandarin Oranges
16 Chicken Dijon Garlic Mashed Potatoes Sliced Beets Hearty Dinner Roll Fruit Cocktail	17 Egg Salad Cold Plate Pasta Salad Four Bean Salad Wheat Bread Frozen Strawberries	18 Meatballs and Pasta with Marinara Sauce Parmesan Cheese Tossed Salad 1000 Island Dressing Italian Bread Warm Peaches	19 BBQ Pork on a Wheat Roll Scalloped Potatoes Corn Fruited Jell-O with Topping	21 Mrs. Friday's Fish Cheesy Mashed Potatoes Squash Dinner Roll Watermelon
23 Salisbury Steak Mashed Potatoes Brussels Sprouts Rye Bread Tropical Fruit	24 CLOSED SENIOR LUNCHEON	25 Italian Sausage with Peppers and Onions Pasta Spinach Hot Dog Roll Fresh Orange	26 Sloppy Joe on a Wheat Roll Fresh Cut Beans Blueberry Apple Crisp	27 <i>Memorial Day Special</i> Hot Dog on a Roll Mustard O'Brien Potatoes Corn and Peas Strawberry Short Cake with Topping
30 CLOSED MEMORIAL DAY	31 Meatloaf Mashed Potatoes Harvard Beets Dinner Roll Pears	Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$3 fee for guests under the age of 60. Please make checks payable to: <i>Prestige Services, 152 West High Street, Ballston Spa, NY 12020</i> MENU SUBJECT TO CHANGE		